

# TOKOROA INTERMEDIATE SCHOOL

05 May 2010

Term 2 - No.3



[www.tokoroa.school.nz](http://www.tokoroa.school.nz)

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**Kia Ora    Kia Orana    Talofa Lava    Greetings**

Dear Parents / Caregivers,

Thank you to all those, who returned consultation forms following the recent reporting / interview process. Changes have been made for future reporting/interviews after considering all the responses. The interviews scheduled for the last week of this term (28<sup>th</sup> & 29<sup>th</sup> June) will be rescheduled for Week 2 of Term 3. This allows for a full term of work between the first interim report and the mid-year report. These interviews will now take place on Wednesday 28<sup>th</sup> and Thursday 29<sup>th</sup> July.

**Phil Straw, Principal**

## SCHOOL CLOSING EARLY

Because of an NZEI Paid Union Meeting

**ON THURSDAY, 13<sup>TH</sup> MAY 2010  
SCHOOL WILL CLOSE EARLY AT 2PM**

to allow teachers, that are members of this union, to attend this meeting.

Bus children will be supervised until the usual bus time.

## TURF HOCKEY

Congratulations to the Turf Hockey team representing our school during the opening day games last Friday.

Despite many trainings on the rough surfaced netball courts it didn't take the new members long to find their feet on a full sized turf, where positional team play came to the fore. Last year's players were able to help settle any butterflies for our new players by guiding them during the games.

We won our first game against Mokoia 2-0 and lost 1-0 against Kaitao.

This week sees the team playing two grading games. Many thanks to all our supporters, who were there to cheer the team on. The team is: Andre Ashton-Duyvestyn, Matthew Bullock, Ryan Coxon, H'venlee-Blu Craig, Joshua Leaf, Camryn Nicholas, Jessica Nicholson, Leeanna Parry, Thomas Ria, Cody Taylor, Sasha TeWhare, Keegan Willis.

## BOARD OF TRUSTEES ELECTION 2010

Poll closes this Friday. The voting form needs to be returned in the supplied return envelope by Friday, 7<sup>th</sup> May before noon.

## REQUEST

We would appreciate any remnants of fabric (small pieces are good too), buttons and trims for our students to make wall hangings on a Friday for extension classes.



Thank you. Teresa Duffin

## SHORT LUNCH HOURS



Parents who need to find out if the lunchtime is shortened because of wet weather can phone the school on **886 0804** from 12.15 pm on and listen to the recorded message.

## CLASSIC HITS RADIO FORESTLAND

Students from Tokoroa Intermediate will be interviewed each week about news and events happening at the school. These interviews will take place between 7.30 and 8.00 am every Friday during school terms.

## WAIKATO INTERMEDIATE SQUASH

Our school squash team travelled to Morrinsville yesterday to play in the Inter-Intermediate competition. We had a very successful day.

Ryan Coxon won the Division 1 Boys, Jessica Nicholson won the Division 1 Girls, Andre Ashton-Duyvestyn won the Division 2 Boys and Darcie Andrews won the Division 2 Girls. This meant we were the top school with a total of 32 points out of a possible 32. The second placed school scored 18.

Special thanks must go to Sue Nicholson and Karla Coxon who managed and travelled with the team on the day.

**FOOD LABELS**

### **How to read a NIP (Nutrition Information Panel)**



Three rules to follow when reading NIP's:

1. When comparing two products always look at the **100g column**
2. Think about what nutrients you would be concerned about being too high in that 'type' of product. E.g. **snack bar = fat and sugar**
3. Choose the product with the **least amount of those nutrients**

|               | Per 100g |
|---------------|----------|
| Energy        | 1730kJ   |
| Protein       | 5.6g     |
| Fat - Total   | 14.6g    |
| - Saturated   | 7.2g     |
| Carbohydrates | 54.4g    |
| - Sugars      | 32.6g    |
| Sodium        | 270mg    |