

TOKOROA INTERMEDIATE SCHOOL

21 April 2010

Term 2 - No.1



www.tokoroa.school.nz

Phone: 07 886 7687

Fax: 07 886 2362

Wet Lunch: 07 886 0804

Kia Ora Kia Orana Talofa Lava Greetings

DEAR PARENTS & CAREGIVERS,

Welcome back to Term 2. We hope that everybody has had a pleasant and restful break and that we are ready for another busy term.

Please note the term calendar on the back of this newsletter and set aside those important dates.

Phil Straw, Principal

SHORT LUNCH HOURS



We will be returning to a system of short lunchtimes in wet weather as from Monday 26th April 2010.

The decision to call a wet / short lunch break will be made at 12.10 pm on the day. If a wet / short lunchtime is called, the lunch break will be 12.10 pm – 12.40 pm and afternoon school will finish at 2.40 pm.

Parents who need to find out if the lunchtime is shortened can phone the school on 886 0804 and listen to the recorded message.

SEXUALITY EDUCATION

The sexuality education programme for our students is starting. **Parents, who wish to have their children withdrawn from the programme, must write to the school requesting this.**

The lessons cover:

1. Establishing ground rules for discussion, differences
 2. Body changes and care needs
 - *3. Learning body parts and names
 - *4. Our internal reproductive system
 - *5 - Girls – managing periods
- Boys – review of learning
 6. Issues, emotions, feelings at puberty
- *These lessons (3, 4, 5) are taken in separate groups (boys / girls).*

This programme was approved by the Board of Trustees in 2009 and ran successfully that year. There will be a review of the programme after its completion this year. Parents who wish to see a complete outline of the programme may contact their child's teacher or view the programme at the school office.

REMINDER

Studs in ears are to be small plain studs (a maximum of two without attachments for pierced ears). Some larger coloured fashion studs are creeping in and these do present a safety risk to our students.

WINTER UNIFORM

A reminder that all students have to be in winter uniform from Monday 3rd May.

BOARD OF TRUSTEES ELECTION 2010

Closing of Roll: closed 7th April (noon)
Closing of Supplementary Roll: closed 21st April (noon)
Closing of Nominations: 23rd April (noon)
Closing of Poll: 7th May (noon)

Nomination forms have been posted. Extra forms are available from the school office. **THESE HAVE TO BE HANDED IN BY NOON THIS FRIDAY.**

Candidates' names already submitted can be viewed at the school office.

STUDENT ABSENCES

Thank you to those parents who inform us when their child is absent.

Unexplained absences do create a lot of work as we carry out absence checks every day and use the services of Tokoroa Truancy Service. Please help us by ringing the school office every time your child is away from school.



What's in a label?

All foods have labels to tell you what is in it. Once you can understand and interpret food labels you can work out whether a food is actually healthy for you.

There are several parts of the label that you need to consider –

- the **nutrition information panel** (a grid usually on the back that has all the nutrients and numbers in it)
- the **ingredient list**
- and the **nutrition claims** (e.g. 'lite' or 'no added sugar')

Each week we will give you more information to 'decode' food labels.

